

Print this page. Put it on your wall in your study area.

Follow it for each listening homework activity.

The Score-Changing Listening Process

1. Choose a chapter from the Delta book. (If you're not using Delta, choose another TOEFL iBT preparation book, or the transcripts and lectures in the *Right Notes* program.)
2. Do normal listening practice
 - a. Find the right audio file.
 - b. Find the right page number.
 - c. Listen, take notes.
 - d. Answer the questions.
 - e. Check your answers.
3. Finish this series of special extension activities (The purpose of this is to build your speaking and vocabulary skills simultaneously.)
 - a. Find the page at the back of the book with the right "AUDIOSCRIPT".
 - b. Find the right transcript for the CD track that you just listened to.
 - c. Listen again while you read.
 - d. Notice any words that are new. Look them up if you need to.
 - i. On TOEFL Speaking, you have to talk about academic concepts.
 - e. Speak the transcript out loud by yourself. Match the same kind of accent/pronunciation and speed as the original speakers.

Repeat that for all of the listening practice in the Delta book.